All incoming student athletes are required to provide the following items in order to be medically cleared to participate in varsity athletics.

1. [Join SportsWare OnLine](https://rhodeslynx.com/documents/2019/5/12/Rhodes_College_Sports_Med_SWOL_Parent_Letter.pdf?id=3623) (Our Electronic Health Records). Please click on the link for details to how fill out online.
2. EKG and Sickle Cell Confirmation are required for participation in college athletics.
   1. EKG (Please provide the original 12 lead EKG tracing printout and email to [atr-forms@rhodes.edu](mailto:atr-forms@rhodes.edu)). **If the results are not received by July 31st, these tests will be performed at physicals. The cost will be $40 for the EKG at the responsibility of the family. We encourage the families to have these tests done on campus rather than off campus.**
   2. Sickle Cell Confirmation (Make a copy of the documentation and email to atr-forms@rhodes.edu). All Rhodes College athletes must have documentation of sickle cell trait before the student athlete can practice, lift, or perform any team activities, by one of the following options:  
         a. Documentation by state at birth (click [here](https://www.rhodes.edu/sites/default/files/SCT%20State%20Newborn%20Screening%20Request%20Information.pdf) for information about how to contact state authorities)  
         b. Sickle cell solubility blood test results   
         c. Waiver—a student athlete may sign a waiver in all sports except for Football. If the student athlete chooses the waiver option, he/she must meet individually with and get approval from the head athletic trainer to obtain a waiver. Excuses of convenience will not be approved. **If the results are not received by July 31st or the student-athlete does not choose a waiver, these tests will be performed at physicals. The cost will $10 for the sickle cell trait solubility tests to be performed at the responsibility of the family. We encourage the families to have these tests done on campus rather than off campus.**
3. Impact Baseline Concussion Testing
   1. <https://www.impacttestonline.com/testing/>
   2. Customer Code = 029D342CC7
4. Medical Exception paperwork if applies
   1. Exceptions may be granted for substances in the following classes of banned drugs: stimulants, beta blockers, beta-2 agonists (albuterol inhalers), diuretics, anti-estrogens, anabolic agents (steroids), and peptide hormones
   2. If you have concerns about your prescribed medications that may be banned, please go to [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec) (User name/password: NCAA Division III/ncaa3)
5. ADD/ADHD paperwork if applies (Request necessary forms via e-mail to: atr-forms@rhodes.edu)
   1. ADD/ADHD Form
   2. ADD/ADHD Rating Scale Report and Summary
   3. Summary of comprehensive clinical evaluation
   4. Blood Pressure and Pulse Ratings and Comments
   5. Note that alternative non-banned medications have been considered
   6. Diagnosis
   7. Copy of prescription of the medication(s) and Dosage
   8. Follow-Up Orders

If the proper documentation for medical exceptions is not on file and the student-athlete fails a drug test, the athletic training staff will not be able to appeal for a medical exception. The resulting penalty for the student-athlete may include a suspension of 365 days from the date of the positive drug test. If proper documentation is on file, we will be able to submit the medical exception to the NCAA without any penalties.

If you have any questions about this process, please email our sports medicine staff at: [atr-forms@rhodes.edu.](mailto:atr-forms@rhodes.edu.)